



Cirkomcha

FIRE, DANCE & PYROTECHNICS

Feu Foliz



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Creation : Stéphanie Henriot & Marie Martin

A dance, fire, and pyrotechnic show inspired by cabaret !

Synopsis

Marie and Luna, sparkling and mischievous, take us into the unique world of the legendary French cabarets and music halls such as Les Folies Bergère and Le Moulin Rouge – true icons of entertainment and spectacle.

Dazzling and liberated, they brilliantly embody the delightful carefree spirit of the Roaring Twenties.

Throughout the performance, the audience enjoys both sides of the curtain – the “in” and the “out”:

on stage, lively and slightly kitsch choreographies, the playful twists of live performance and its touch of improvisation;

backstage, the frantic costume changes, a quick makeup touch-up, a sip of something refreshing – and off they go again, because **the show must go on!**

We discover the artists not only through the flawless, glamorous image they project, but also as women, at once vulnerable and fearless.

They give their all, offering themselves body and soul to the audience with a generous spirit that shines through their smiles and mischievous glances.

The original version is performed by two artists, but it is also possible to include one or two additional performers to extend the pleasure.

★ 2, 3 or 4 artists

🕒 30, 35 or 45 minutes

📍 Indoor or outdoor

👥 All audience

Specificities

On stage, the artists combine circus artistry, dance, and fire manipulation, mastering techniques such as poi, staff, fans, hula hoop, hula staff, fire hands, and swing.

The duo set both the stage and the audience’s hearts ablaze, creating a captivating cabaret atmosphere filled with charm and energy.

While paying tribute to this festive and flamboyant universe, Feu Foliz has been designed to suit audiences of all ages, including the youngest spectators.

A dazzling duo of chic and shock, their versatility rooted in the world of contemporary circus makes Feu Foliz an intense, thrilling performance. The audience is kept on the edge of their seats, enchanted by these two fiery women who tame and command the flames with grace and mastery.

The show culminates in a brilliant pyrotechnic finale, a luminous apotheosis that leaves a lasting impression.

Distribution

For versions featuring more than two artists, the line-up may vary from one performance to another, depending on your preferences and the artists' availability. Below is a brief introduction to the two creators of the show:

Stéphanie Henriot (Luna)

Stéphanie Henriot seems to have been born an adventurer. Fearless by nature, she has always been driven by a thirst for thrills, discovery, travel, encounters, and extreme sports.

After completing higher studies in tourism, it was during a stay in Colombia that she discovered her passion for the performing arts. She remained there for two years as an actress and stilt performer with Teatro Taller de Colombia in Bogotá – two intense years filled with national and international tours (including South Korea and the Dominican Republic).

Her desire to deepen her skills in the circus arts led her back to Paris, where she trained at Les Noctambules (Michel Nowak) and at the Jean Palacy Flying Trapeze School. Engagements quickly followed: a season as a flying trapeze artist at Club Med Kamarina (Sicily), aerial performances at Disneyland Paris (Tarzan show), numerous events with Les Farfadais, and the musical *Le Petit Prince* at the Casino de Paris.

And thus, Luna was born.

Her specialties include aerial acts, fire performance, and acrobatic lifts. In 2005, she founded the Cirkomcha Company, where she performs in all of its shows: *Feu Foliz*, *Pyralis*, *Dakini*, and *Cabaret Cirque*.

She is now the artistic director of the company.

Marie Martin

Marie Martin is an artist at heart. As a child, she was already roaming theatres in search of emotion. Naturally acrobatic, she spent most of her time climbing trees. Later, she trained in contemporary theatre, singing, and clown arts.

These early trainings quickly led her to perform on stage. At the same time, she explored a wide range of physical disciplines – from classical dance to hip-hop, as well as climbing and gymnastics.

It was only natural that she turned to the circus arts, enrolling at the Balthazar Circus School, where she specialized in aerial acrobatics. She earned her BIAC diploma (Brevet d'Initiatrice aux Arts du Cirque) in 2008 and went on to teach at Balthazar.

Her passion for live performance led her to join Festiflam, a fire-juggling association based in Montpellier, with whom she toured for three years. In 2009, she settled in Toulouse and became one of the main artists and co-creators of Artx Company, performing in several shows across France and abroad – in Lebanon, Morocco, and Spain.

A specialist in aerial performance and fire manipulation, Marie is also a stilt walker and collaborates with several performance companies.

In 2015, she decided to join forces with Stéphanie Henriot, artistic director of Cirkomcha, with whom she had already been sharing the stage since 2012.

Their shared artistic vision, complementary skills, and imaginative spirit led them to create several shows together, including *Dakini*, *Pyrallis*, *Feu Foliz*, and finally *Cabaret Cirque*.



Technical SHEET—*Feu Foliz*

Technical contact : Marie Martin ; 06.64.79.01.77

SHOW DURATION : 30 minutes (2 artists) ; 35 minutes (3 artists) ; 45 minutes (4 artists)

SET UP TIME : 5 hours

DISMOUNTING TIME : 1 hour

STAGE DIMENSIONS :

- Ideal stage space: 10 m (width) × 12 m (depth) × 3 m (minimum height)
- Avoid very dry grass or wooden stage floors.
- Front-facing audience configuration is preferred.
- The performance area must be clear of any obstacles (audience, vehicles, trees, power lines, trash bins, etc.) – a total of 15 m width × 12 m depth should remain unobstructed.
- The area must be fenced or marked off to ensure audience safety.
- Without the pyrotechnic effects, the show can be performed indoors.
- Please inform us of the exact dimensions and characteristics of your venue, even if it does not fully meet the requirements listed in this technical sheet. We will do our best to adapt to your space.
- For outdoor performances, please note that small traces of charcoal or fuel may remain on the ground afterward (they are easy to clean).

SET DESIGN :

Please send photos or a layout plan of the venue by email for pre-installation planning.

Public lightening must be turned off during the show.

SOUND & LIGHT EQUIPMENT :

- Sound equipment provided: 2 active speakers delivering 800 watts (front of house) / 1 small mixing console / 1 wireless microphone
- Lighting equipment provided: 2 short PAR 64 RGB LED projectors placed on the floor / 1 stand-mounted bar with 4 LED spotlights (21-watt SMD RGB)
- Please inform us if the venue is already equipped.
- Electricity: A single standard power outlet is sufficient.
- If using a generator, voltage must be regulated at 230 volts – 1 kilowatt is more than enough.

SECURITY & STORAGE :

Please arrange for security supervision of the equipment whenever the artists are away from the stage area (during dressing, meal breaks, etc.).

DRESSING ROOM :

Please provide a heated or sheltered dressing room, lockable and close to the performance area, including:

- Tables and chairs
- Mirrors
- Access to running water and toilets
- Light catering: hot/cold drinks, water, fresh and dried fruits, chocolate
- A shower is required if a fire breather is performing

References - Feu Foliz

Last Updated : September 2025

- Fête de Barèges (65120, Hautes-Pyrénées, Occitanie, France)
- La Nostalgie des Nuits Romanes à Marié-l'Evescault (79190, Deux-Sèvres, Nouvelle-Aquitaine, France)
- 20 ans de AJH (public handicapé) Fonsorbes (31470, Haute-Garonne, Occitanie)
- Fête de Maignaut-Tauzia (32310, Gers, Occitanie)
- Evènement privé à Le Fauga (31410, Haute-Garonne, Occitanie)
- Guest du Cirque Bidon à Sainte-sévère-sur-Indre (36160; Indre, Centre-Val de Loire)
- Feu de la Saint Jean de Bourgougnague (47410, Lot-et-Garonne, Nouvelle-Aquitaine, France)
- Fête de Fonsorbes (31470, Haute Garonne, Occitanie, France)
- Maignaut-Tauzia (32310, Gers, Occitanie, France) (reporté)
- Fête de Seix (09200, Ariège, Occitanie, France)
- Fête de Lavaur (81500, Tarn, Occitanie, France)
- Fête de Cazères (Haute-Garonne, Occitanie)
- Fête de la Saint-Jean d'Eycheil (Ariège, Occitanie)
- Fêtes Médiévales de Saint-Amans-Valtoiret (Tarn, Occitanie)
- Fêtes de Villefranche-de-Lonchat (Dordogne, Nouvelle-Aquitaine)
- Marché de Noël de Gaillac (Tarn, Occitanie)
- Fête de fin d'année de Pampelonne (Tarn, Occitanie)
- Remise des prix de La Dépêche à Montauban (Tarn-et-Garonne, Occitanie)
- Festival Autrefois le Couserans à Saint-Girons (Ariège, Occitanie)
- Spectacle de Noël de La Reynerie (Haute-Garonne, Occitanie)
- Étincelles Sonores de Saint-Orens-de-Gameville (Haute-Garonne, Occitanie)
- 21 Marché au Gras de Péchabou (Haute-Garonne, Occitanie)
- Spectacle de Noël, Maignaut-Tauzia (Gers, Occitanie)
- Fête d'Estramiac (Gers, Occitanie)
- Festival Autrefois le Couserans à Saint-Girons (Ariège, Occitanie)
- Soirée d'entreprise, Château de Lancosme à Vendoeuvres (Indre, Centre-Val de Loire)
- Journée du Patrimoine, Montesquieu-Volvestre (Haute-Garonne, Occitanie)
- Fête de Cantoin (Aveyron, Occitanie)
- Spectacle de Noël, Centre d'animation de la Reynerie à Toulouse (Haute-Garonne, Occitanie)



References - Feu Foliz

Last Updated : September 2025

- Fête de Lannemezan (Hautes-Pyrénées Occitanie)
- Fête de Montesquiou (Gers, Occitanie)
- Fête de Salles-sur-Garonne (Haute-Garonne, Occitanie)
- Festival Echappées Belles à Alençon (Orne, Normandie)
- 4 représentations au Festival Al Aire Puro à Bogotá (Colombie)
- Fête des Lumières à L'école de La Prairie de Toulouse (Haute-Garonne, Occitanie)
- Festivités de Noël à Nay (Pyrénées-Atlantiques, Nouvelle-Aquitaine)

- Marché nocturne de Lagarde (France)
- Fête de Moux-en-Morvan (Nièvre, Bourgogne-Franche-Comté)
- 3 représentations au Festival International de Théâtre de Rue d'Aurillac (Cantal, Auvergne-Rhône-Alpes)
- Marché de Noël de Martres-Tolosane (Haute-Garonne, Occitanie)
- Marché de Noël de Fréjus (Var, Provence-Alpes-Côte d'Azur)
- Marché de Noël de Port-Vendres (Pyrénées-Orientales, Occitanie)

- Festivités de Champagnac-de-Belair (Dordogne, Nouvelle-Aquitaine)
- Fête de la musique de Saint-Orens (Haute-Garonne, Occitanie)
- Fête de Villematiers (Haute-Garonne, Occitanie)
- Festivités de Payrac (Lot, Occitanie)
- Festival Guilles de Bondes à Macau (Gironde, Nouvelle-Aquitaine)
- Fête des Lumières à Esquièze-Sère (Hautes-Pyrénées, Occitanie)
- Festival "Les Lyres d'hiver" à Blois (Loi-et-Cher, Centre-Val-de-Loire)

- Galà de l'ICAM à Toulouse (Haute-Garonne, Occitanie)
- Marché de Noël de Saint-Sulpice-sur-Lèze (Haute-Garonne, Occitanie)
- Marché de Noël de Cazère-sur-Garonne (Haute-Garonne, Occitanie)
- Marché de Noël de Colomiers (Haute-Garonne, Occitanie)





The Company

The Cirkomcha Association was founded in June 2005 with the mission of promoting and spreading circus arts.

Its primary vocation – and main activity for several years – was operating an amateur circus school in Cazères-sur-Garonne (31220, France).

In 2012, responding to growing demand for performances and events, Cirkomcha also became a performing arts producer (“entrepreneur du spectacle”). Since then, both activities have continued to grow.

Today, Cirkomcha is a company of talented artists with a wide range of skills and extensive national and international experience. The company offers four full-length shows, street performances, circus acts, and interactive entertainment.

Beyond its artistic activities, Cirkomcha represents an inspiring human adventure – the result of years of dedication from a passionate team devoted to the circus arts.

The company embodies three inseparable commitments: artistic, educational, and physical, reaching audiences of all ages.

With its creative approach to circus performance – blending emotion, poetry, and humor – Cirkomcha has now celebrated over 20 years of growth and recognition. Its work has become a key part of the national artistic landscape, performing in major venues across France (including the Zéniths tour in 2015) and abroad (Festival Al Aire Puro – Colombia, 2017).

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